

Quilted Sunshine

quiltedsunshine.com

## ≈The Simple Quilt

56" X 70"

### Materials List (with cutting instructions):

**Center panel and border squares:** 1 7/8 yd

☉ cut center piece 42 1/2" X 56 1/2"

☉ cut 4 squares 7 1/2" X 7 1/2"

**Border:** 1 1/2 yd

☉ cut (8) 7 1/2" X 25"

**Back:** 2 1/8 yd 58"-60" wide fabric

(think of Minkee or wide flannel)

*or* 3 3/8 yd 42"- 45" wide fabric

☉ cut and/or piece the backing to at

least 58" X 72"

**Binding:** 1/2 yd — same fabric as center panel

☉ cut 6 strips 2 1/2" X WOF

*or* 5/8 yd for bias binding

☉ cut the whole 5/8 yd piece into 2 1/2" wide bias strips)

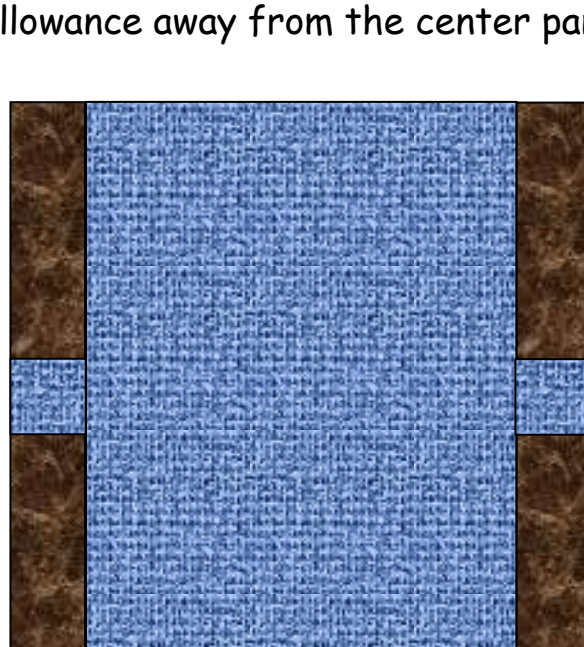
**Batting:** 60" X 72"

### Instructions:

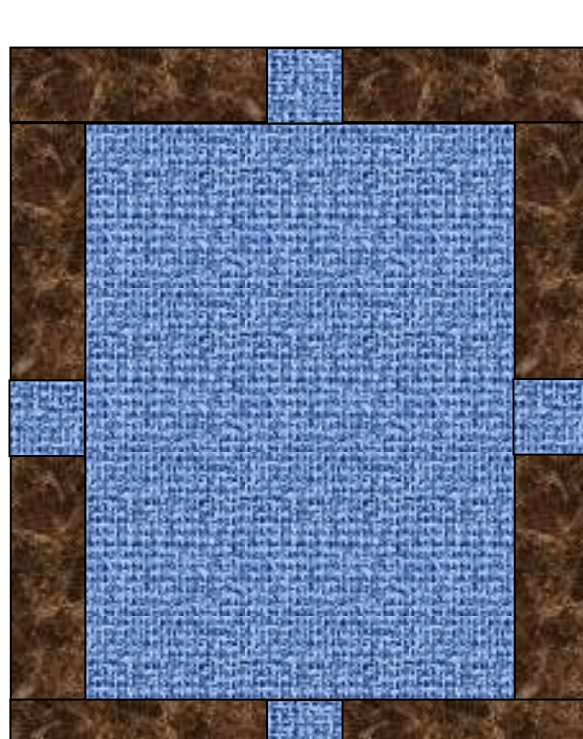
1. Sew 4 side units together, with 1 border square between two long border pieces. If you are using a directional fabric, you will want 2 squares in one direction, and 2 squares in the other direction. Press the seam allowance away from the square.



2. Sew a border piece to each long side of your center panel. If you are using a directional print, make sure it is running in the right direction. Press the seam allowance away from the center panel.



3. Sew the other border pieces to the top and bottom of the quilt. Press the seam allowance away from the center panel.



4. To piece the backing from 42"— 44" wide fabric, cut your 3 3/8 yd piece in half, then sew the selvedge edges together with a 3/4" seam. Then trim the seam to 1/4", cutting off the selvedge edges. Press the seam open.

5. Layer back batting and quilt top then baste the layers together.

6. Quilt the center panel and squares the same, so it gives the feeling that the center is flowing out through the bars. Quilt the borders with a different motif, so it feels like a separate part of the quilt.

7. Sew the ends of your binding strips together on the diagonal. Then bind the quilt with your favorite method.

